



# GWYN NEWS

**Ysgol Uwchradd Gatholig**

**ST RICHARD GWYN**

**Catholic High School**

23 February 2018/ Chwefror 2018

## Italy Tour 2018 Taith Yr Eidal 2018

Over half term 34 students and 4 staff travelled to Italy for what would be a fantastic experience where they would learn about the geography, history, art, language and culture of all that Rome and Sorrento had to offer.

Flying into Rome you could sense the excitement and nerves of our students, and arriving to a beautiful sunset just added to the mix. It's not often you fly into a city and see a sight like the Vatican out of the window.

Our first day was all about Rome – the Colosseum was spectacular, huge in size, it was hard to imagine that 80,000 Romans would have once packed the arena to watch gladiators fight. Our tour continued and we headed through the Roman Forum, Palatine Hill and onto the Piazza Venezia. We were in awe of everything we passed and Guia, our excellent tour guide, talked away into our headphones. The afternoon was just great with a visit to the Trevi Fountains, Spanish Steps (or should that be French), Piazza Navona and the architectural masterpiece, Pantheon. We stood inside and the gravity-defying dome room is enormous, it literally defies the laws of physics!



Tuesday saw the tour arrive in the Vatican City. The city state is home to the Pope, as well as some of the greatest masterpieces of all time. We were guided round and left speechless at the art work, scared to move at times in case our bags collided with a priceless piece. As we walked down the corridors the anticipation built; we were about to enter the Sistine Chapel. As we walked in, we felt the atmosphere change, the hairs stood up on the back of our necks, we knew we were somewhere incredibly special. We all gazed up at Michelangelo's frescoed ceiling and were in wonder at the scale, the precision and the varying sections which all had their own special story behind them. Bellissimo!



On to Sorrento we headed out to find gelato, and it did not disappoint. Every flavour you could imagine – and what an order....38 large cones later we strolled around taking in the peace of this famous coastal town. As we woke on Wednesday you could sense the nerves...we would be walking up Mount Vesuvius, the towering volcano, which in a single eruption could devastate millions of people's lives in the Naples region.

The walk up Vesuvius was tough going. Steep in nature it gave wonderful views down onto the urban area below. The sun was shining as we walked around the crater. The volcano that is left, is only a 1/3<sup>rd</sup> of the size of the original which caused such devastation nearly 2000 years ago. As we began our journey down the weather turned, but not the rain we had expected, it began to snow! By the time we reached our coach the National Park was closing itself down, for

fear of people becoming stuck. This gave us a very unique experience.

In the afternoon, we headed to Pompeii. The vast archaeological site was once a thriving and sophisticated Roman city, but in 79 A.D., Pompeii was buried under meters of ash and pumice after the catastrophic eruption of Mount Vesuvius. The eerie streets and casts of the bodies which had been found in excavation really did hit home.

That evening we walked into Sorrento for the last time before returning to our hotel for a tour presentation. The students had been true stars, they had listened everywhere we had been, asked intelligent questions and really got into the spirit of our tour. As I explained on the night, it was a pleasure to have visited Italy with them. Thank you to everyone involved, and especially to Mr Crawley, Mrs Jones and Miss Amos. Another year, another completed tour...the big question left to answer though, where next?



## Wales Football Selection

### Dewis dros Dîm Pêl-droed Cymru

SRG is delighted and very proud that Lucia Molinari 10B has been selected to play football for Wales. Next week Lucia will play in France against Brittany. This is a fantastic achievement and we wish her every success. Well done Lucia.

## ELECTION OF PARENT/CARER GOVERNORS – VACANCY NOTICE



Following the implementation of an Interim Executive Board (IEB), the school now needs to make arrangements for the appointment of a Shadow Governing Body. The Shadow Governing body will work alongside the IEB for a minimum period of six months, during which it must exercise any functions which are delegated to it by the IEB. When the IEB ceases (September/October 2018) the Shadow Governing Body will be treated as the normally constituted Governing Body for the school.

We have 3 Parent/Carer Governor vacancies, and we are looking for nominations from parents/carers to fill these vacancies. To be eligible for these posts you have to have a child at our school. The term of office for all governors under the current regulations is currently 2 years.

### How to nominate for election as Parent Governor

Nominations must be submitted in writing using the application form on our school website: [www.strichardgwynflint.co.uk](http://www.strichardgwynflint.co.uk) and returned to Mrs K. Jones at school Tele: 01352 736900, no later than 3:15 pm on Friday 9<sup>th</sup> March 2018.

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**LLYFR**  
WORLD  
**BOOK**  
**DAY**

## St Richard Gwyn World Book Day 2018 Celebrations

### Dathliadau Diwrnod Llyfrau y Byd Sant Richard Gwyn 2018

St Richard Gwyn High School is celebrating World Book Day 2018 on **Thursday 8 March**. All students are invited to come to school dressed as their favourite character from literature, past or present. There will be competitions, activities, challenges, stalls and games available on the day, and we encourage every member of school to take part.

As this is a non-uniform day we request a donation of £1 for students in fancy dress or £2 for students who choose to wear 'own clothes' which are non – literary themed. There will be prizes for the best fancy dress in each year group. This will be an exciting and joyous celebration, and we would be grateful for your support.

### Exam Stress!

#### Straen Arholiadau!

Exam season is nearly upon us and we know that it is a very stressful time for students (and parents too!).

As a general rule preparing well helps to reduce some of the anxiety around exams so that is a good place to start.

We all manage stress in different ways and it is always a good idea to talk to someone about how you are feeling.

Here are a few websites that offer help and practical advice about how to deal with the stresses of exams and maximise your potential to do well.

Childline.org.uk and Youngminds.org.uk both offer general help and advice about exam stress.

Themix.org.uk offers advice in addition to an online stress buster tool called "Stress head" and a smart phone app called "Motimator" that young people can use when the going gets tough to help with motivation.

#### Keep Calm and Carry On Revising!

### GCSE German Speaking Mocks

#### Ffug-Arholiadau Siarad TGAU Almaeneg

The GCSE German Speaking mocks will take place next Monday and Tuesday (26-02-18 and 27-02-18) in T5.

### Year 11 Revision Timetable

#### Amserlen Adolygu Blwyddyn 11

Students have a revision card which must be signed by teachers as students attend revision sessions. The card needs to be signed by you to show discussions have taken place regarding your child's revision and academic progress.

Monday	Tuesday	Wednesday	Thursday	Friday
English	Science	Cymraeg	Geography	Product design
P.E	Maths	Welsh Bacc	R.E	
		ICT	Bus St	
		German	Drama	
		Music	Maths	
		History		

Art drop-in sessions are available every lunchtime and afterschool everyday.

### Job Vacancies for Exam Invigilators



We are currently looking to employ exam invigilators. For more information, please see our school website:

[www.strichardgwynflint.co.uk](http://www.strichardgwynflint.co.uk)

Any further enquiries can be directed to our Exams Officer, Mrs Samantha Thorn. Tele: 01352 736900

## GENERAL INFORMATION UPDATES

If there are any changes to your child's personal details i.e. address, telephone numbers, mobile numbers and any medical information, please inform your child's Form Tutor in writing, so the school's database can be updated.

Thank you.